

University System of Georgia
Board of Regents Academic Advisory Committee
Physical Education, Health Education, and Recreation
Video-Conference Meeting
April 23, 2010

Minutes

In Attendance:

Karen Wish (chair-elect) – Augusta State University	Bonnie Young – Georgia Perimeter College
Charles Burrage – Gainesville State University	Greg Hawver – Georgia Southwestern State University
Ellen Roberts – Columbus State University	Mitchell Collins – Kennesaw State University
Walt Mason (chair) – East Georgia College	Barry Joiner – Georgia Southern University
Paula Edney – Gainesville State College	Joe Peoples – College of Coastal Georgia
Thomas Temples – North Georgia College & State University	Teresa Peoples – College of Coastal Georgia
Deb Jenkins – University of West Georgia	Bonnie Young – Georgia Perimeter College
Donna Sledge – Abraham Baldwin Agricultural College	Brent Heidorn – University of West Georgia

Meeting Started: 10:00 p.m. – Walt Mason welcomed everyone to the meeting. Twelve colleges/universities were represented at the spring meeting which was hosted from the Education Center at Georgia Southern University in Statesboro, Georgia.

- 1. Update on changes in the CORE** – Robert Vaughn, of the University System of Georgia, reviewed the background and purpose for the changes in the University CORE curriculum. The implications and the necessity of the changes were discussed. It was suggested that the colleges/universities provide SACS with learning outcomes for classes that fall outside the CORE that meet the mission of that institution. Outcomes for courses outside the core need not be submitted, however, to the USG Committee on General Education, as they are reviewing only learning outcomes related to Areas A-E. Questions and answers followed this discussion.
- 2. Fundamental HPER courses outside the CORE** – Paula Edney, Gainesville State College, proposed that the committee try to find a common ground for Wellness/health classes and activity classes that we could implement across the system. The problem was several institutions would give up contact hours or would have to add contact hours. In addition, common learning objectives would need to be established across the system. It was suggested

that the Academic Advisory Committee instead develop a position statement supporting the value of wellness and physical activity courses outside the core. Once the members have an opportunity to review and revise it, it would be available for campuses to support their courses outside the core.

- 3. Health, Wellness, and activity classes** – There was a question regarding graduation requirements and activity classes. Apparently, due to the economic situation in Georgia, some institutions are dropping their HPE requirements from graduation. There was hardly any discussion to this issue; we all agreed that Wellness/health and activity classes (lifetime classes) should continue to be part of the graduation requirements. Barry Joiner, Georgia Southern University, addressed a situation that most institutions are facing – exemption from classes due to a student’s academic or extracurricular activity. Some institutions have already agreed in some cases to give credit to ROTC for activity classes and exempt nursing, but others continued to require them to take the classes. The question is where does it stop? This is a good topic for additional discussion.
- 4. Faculty Workloads across the state** – For several years there has been a discussion regarding faculty workloads. Again, due to economics in Georgia, increase in the size of classes has the potential to cause problems in specific classes. Activity classes seem to have the greatest potential for increased enrollment, but you also see this in Wellness classes where one hour is lecture and a two hour lab is part of the requirement. The numbers added can be significant – from 5 to 10 additional students. Teresa Peeples, Coastal College of Georgia, has researched this topic in Georgia and will be providing the committee with her information.
- 5. Support statement for exercise and health in the public schools and need in colleges/universities** – Obesity is a major problem for the citizen’s of Georgia. According to recent data, 15,000 2-4 year olds, 28,000 3rd graders, 43,000 middle school students, and 62,000 high school students are obese. One in three children in Georgia is overweight or obese. Health issues regarding this “disease” includes: cardiovascular disease, asthma, high blood pressure, sleep apnea, etc. In addition, Georgia spends \$2.1 billion per year in costs associated with obesity. This committee supports the state’s effort to reduce this problem by including mandatory assessment in the public schools. This committee also supports the effort by our state organization, GAHPERD, to assist public schools with this effort. The committee will provide GAHPERD with a statement endorsing their effort. In addition, within the statement, the committee will suggest that state colleges/universities include health and movement through required wellness/health classes and activity classes (lifetime classes – walking, jogging, weight training, etc)to help resolve this problem.
- 6. Campus updates** – each college/institution discussed happenings on their campus

Next meeting - tentatively scheduled for GAHPERD meeting in Savannah (October 30-November 2). TBA

New Chair-elect 2011-2012: Bonnie Young, Georgia Perimeter College

Chair for 2010-2011: Karen Wish, Augusta State University

Meeting Adjourned: 11:45